



St Peter's Bentleigh East

Emergency response to Anaphylactic reaction



A First Aid Plan for Anaphylaxis poster is available on the [ASCIA website](#) and displayed prominently around the school, in the staff room, First Aid room and all shared areas.

In all situations

1. If safe to do so, lay the person flat, do not allow patient to stand or walk.
2. If breathing is difficult allow patient to sit
 - Be calm, reassuring
 - Do not leave them alone.
 - Press orange alert alarm on First Aid bag
 - Seek assistance from another staff member or reliable student to locate the autoinjector or a general use autoinjector, and the student's Individual Anaphylaxis Management Plan
 - If the student appears to be experiencing a first time reaction, continue with steps 2 – 6.
3. Administer prescribed adrenaline autoinjector – note the time given and retain used EpiPen to give ambulance paramedics. If possible use Sharpie pen in bag to write time on EpiPen.
4. Phone ambulance 000 (112 – mobile).
5. If there is no improvement or severe symptoms progress, further adrenaline doses may be given every five minutes (if another autoinjector is available).
6. **Until the ambulance arrives the student must not be allowed to stand or walk (even if they appear well) and should lay flat or sit with legs outstretched (for example, on the floor) if breathing is difficult.**
7. **Where an ambulance is not available, staff should follow the directions of the ambulance service. If the student needs to be transported to a health care service, they must be taken to the vehicle without being allowed to stand, walk or being carried in an upright position, even if they appear to be well.**
8. Phone family/emergency contact.

If in doubt, give an autoinjector

If the student has not been previously diagnosed with an allergy or at risk of anaphylaxis but appears to be having a severe allergic reaction, follow Steps 2–6 above.

Approval authority	Director, Learning and Regional Services
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